



Things to do at the Retreat

Set on 14 acres and renovated in late 2016, Serengale Retreat has all of the delights and surprises that rural living offers. This is the Beechworth experience away from town, surrounded by vineyards, paddocks, Australian bush and great views.

Relax

You can rest and enjoy the environment, watch the kangaroos from the kitchen window or laze by the pool. Light the log fire and enjoy a glass of wine, snuggle into the sofa and read a book or just talk with family and friends. We have also supplied DVDs, books and puzzles for your enjoyment.

Dine in

The gourmet kitchen is stocked with most of the essentials for cooking. The BBQ under the patio/veranda is there for your use and there are spare chairs and another small table in the small shed/cellar if you want to spread out. You are welcome to pick your own herbs, fruit and vegetables in season from the garden and vegetable patch. We have a variety of fruit and nut trees plus vegetables and herbs in season. We just ask that you leave some for the next guests!

Cool Down

The 7 meter swimming pool is a salt water chlorinated pool, 1.09 metres at the shallow entry end to the deep end at 1.68 metres. Cool down in the pool, sip some champagne and enjoy the scenery – we have supplied plastic champagne glasses to use in the pool – please do not use any glassware or breakables or have food in or around the pool.

Explore the property: Forest Walk

From the gate at the back of the garden follow the path as it meanders around the seven acres of Australian Bush that has been preserved as Land for Wildlife. You can sit by the dam, bird watch with the binoculars and bird reference books supplied or just meditate. Walk back via the Regeneration Area where we are re-establishing the bush after removing non-native vegetation and pests.

Commune with the animals

Kangaroos and wallabies are always about on the property (wallabies particularly like the vegetables) so look for them at dusk in the paddocks or the forest. The horses next door- Ana and Nao are always happy for a pat and a piece of liquorice, carrot or apple. Just watch out for the electric fence on the Vineyard side – it is the wire that is offset from the fence. Generally the electric fence is on to make the paddock safe for the horses. Or you could talk to the sheep- Serengale Vineyard has bred a line of Wiltipoll sheep from Wiltshire Horns an old English shedding sheep so if they do look scruffy they are only going through their yearly moult. You might be able to pat Charles or Sylvia if they are in the mood- two orphaned sheep that we hand reared in 2016.



Spoil Yourself at the Retreat

Arrange for a private wine tasting or chef, an in house massage or yoga sessions under the pergola with experienced therapists and teachers. Self-select your experience by calling and talking your plans through with practitioners in advance. Bookings are subject to availability.

Private Wine Tasting

03 57270558 or 0428585348

Arrange for a private wine tasting and meet the winemaker at Serengale Vineyard just next door. Guests receive a complementary tasting of our current release wines –Chardonnay, Merlot, Cabernet Sauvignon, Shiraz and also Nebbiolo from our sister vineyard, Virago- owned by Karen Coats and Prue Keith. Or be personally guided and experience a vineyard tour and a rare vertical tasting of our 2008, 2010 and 2012 limited Chardonnay releases for \$25 per person, minimum of 5 people. We always love to see our guests but we do need some advance notice as we are often working in the vineyard or the winery. Ring to arrange for a current release tasting or private tasting and tour to avoid disappointment.

Arrange for a Private Chef or a Freshly Prepared Meal waiting for you

0408 321822

Local chef Sally Wright is available to come to Serengale Retreat and cook up a delicious feast of local produce or you can order freshly prepared meals from her extensive menu that will be waiting for you at the Retreat. Private Chef with three course meals start at \$90 per head, minimum of 5 persons, with matching wine from Serengale Vineyard and sister vineyards \$120 per head. Call Sally at Taste Trekers to discuss your requirements or email sally@tastetrek.com.au. We can also email you some sample menus for you to explore. Freshly prepared meals (food to you) require one weeks' notice.

Arrange for a bike ride

0400345648

The Bike Hire Company will provide free bike delivery to The Retreat and a shuttle service if you prefer downhill riding on the Rail Trail or a visit to local wineries with a pick up service after a leisurely lunch. Prices start from \$10.00 per adult shuttle from Beechworth to Everton and \$33.00 per day bike hire. Children are at a cheaper rate. Visit their website www.thebikerecompany.com.au or phone to discuss arrangements.

Massage and Beauty Therapy

Beechworth Elysian Beauty

0439477225

Bec is a trained beauty and relaxation massage therapist who is happy to come to the Retreat for massages or guests can visit her in her studio in Camp Street Beechworth for the full beauty treatment. Prices start at \$ 40 for a facial to \$65 for 60 minute full body massage. There is also a small additional travel cost per visit of \$25

Remedial, Therapeutic and Bowen Therapy

Beechworth Massage

0419505853

Jack Nelson, Rebecca Farren and Kim Marsden are trained Remedial, Bowen and Relaxation Therapists. They are happy to come to Serengale Retreat or you can arrange a massage at their practice in Beechworth. Price \$200 per person for an onsite massage. www.beechworthmassage.com.au



Yoga and Physiotherapy

Emma Hamill

0407196914

Emma is a qualified physiotherapist who has been practicing for over twenty years. She is a passionate yoga teacher who runs weekly classes in Beechworth. You can arrange a private yoga session at the Retreat or a private class at her studio in Beechworth. Prices start at \$120.

Other Therapists: (Beechworth Township)

The Spa Beechworth

03 57283033

Open Wednesday to Sunday 10am to 5pm. The Spa offers a range of treatments using indigenous ingredients in the beautiful surrounds at Mayday Hills. When there take time to wander through the gardens and also have a glass of wine, lunch or coffee and cake at The George Hotel

Indigo Massage: Emma Mathews

0425425236

Offers a range of massages from therapeutic, shiatsu to myofascial release from her purpose built studio in Beechworth

Baby Sitting Service: Samantha Smith

0478025632

Samantha offers babysitting services at reasonable rates. She has completed a Certificate IV in Child Care and has worked at local kindergartens for a number of years. Bookings need to be made well in advance